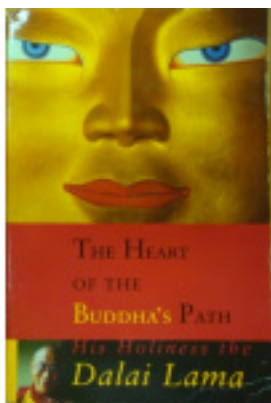


the XIV



## **The Heart of the Buddha's Path - DALAI LAMA His Holiness the XIV**

Výrobce: DALAI LAMA His Holiness

Kód: i15\_NABO61762

Záruční doba:

Cena bez DPH: 70.00 Kč

Cena s DPH: 70 Kč

### **Parametry**

Rok vydání: 1999

Autor: DALAI LAMA His Holiness the XIV

Umístění: na prodejně

### **Detailní popis**

The Essential Teachings of the Buddha as explained by the most eminent living Buddhist teacher, His Holiness the Dalai Lama

In The Heart of Buddha's Path the Dalai Lama describes in a clear and simple style how to bring wisdom and compassion into our daily lives. He explores the fundamentals of the Buddha's teaching, from basic advice on how to deal with anger and other emotions to the importance of compassion.

Based on talks given by the Dalai Lama in London, The Heart of the Buddha's Path includes the text of the Dalai Lama's first discourse in the West on the subject of the Four Noble Truths as well as advice on how to develop our compassion and combine a spiritual path with the demands of modern life.